| <b>Employee</b> | <b>Birthdays</b> |
|-----------------|------------------|
| Savannah        | 4/6              |
| Laurie          | 4/8              |
| Lorrie          | 4/16             |
| Karrah          | 4/19             |
| Alexandra       | 4/21             |
|                 |                  |



## April 2019

| SUN       | MON                              | TUE   | WED                         | THU  | FRI  | SAT |
|-----------|----------------------------------|---|-----------------------------|--|--|-----|
|           | 1 April Fools                    | 2 PB & J Day,<br>Autism Day -<br>wear blue        | 3 Spa Day -<br>wear a robe  | 4 Pony<br>Therapy<br>10:00 - 12:00                         | 5 Spring Break<br>Picnic, wear<br>jeans                      | 6   |
| 7         | 8                                | 9 Music<br>Therapy                                | 10                          | 11 Rainforest<br>Adventure                                 | 12 Movie Day<br>"A Bugs Life"                                | 13  |
| 14        | 15 Titanic<br>Remembrance<br>Day | 16 Make<br>Easter basket,<br>Wear PJ's to<br>work | 17 Dye Easter<br>Eggs       | 18 Egg glitter<br>& Sticker Ball                           | 19 Easter Egg<br>hunt, Easter<br>Bunny visits,<br>Wear jeans | 20  |
| 21 Easter | 22                               | 23 Music<br>Therapy                               | 24 Pigs in a<br>Blanket Day | 25 Take your<br>daughter to work<br>day, wear a red<br>hat | 26 Natl Pretzel<br>Day                                       | 27  |
| 28        | 29 Wear Green<br>Day             | 30 Hairstylist<br>Appreciation<br>Day             |                             |  |  |     |





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## **Bicycle Safety**

- A helmet protects your child from serious injury and should always be worn. And remember, always wearing a helmet helps children develop the helmet habit.
- Your child needs to wear a helmet on every bike ride, no matter how short or how close to home. Many injuries happen in driveways, on sidewalks, and on bike paths, not just on streets. Children learn best by observing you. Set the example: Whenever you ride, put on your helmet.
- When purchasing a helmet, look for a label or sticker that says the helmet meets the CPSC safety standard.
- A helmet should be worn so that it is level on the head and covers the forehead, not tipped forward or backwards. The strap should be securely fastened with about 2 fingers able to fit between chin and strap. The helmet should be snug on the head, but not overly tight. Skin should move with the helmet when moved side to side. If needed, the helmet's sizing pads can help improve the fit.
- Do not push your child to ride a 2-wheeled bike without training wheels until he or she is ready. Consider your child's coordination and desire to learn to ride. Stick with coaster (foot) brakes until your child is older and more experienced for hand brakes. Consider a balance bike with no pedals for young children to learn riding skills.
- Your child should ride on the right, facing the same direction as traffic, and should be taught to obey all stop signs and other traffic control devices. Children should never ride at night.

