## **PRESTON**

# April Children's Birthdays

Jaseion

Reginald

Joseph

Gage

Ahrazi

James

Cameron

Aiden



# **Employee Anniversaries**

Alexandra 10 yrs.

Kaytlin 1 yr.

Shelby 7 yrs.

Mallory 1 yr.

#### **Employee Birthdays**

Markeeta 4/4

Kaytlin 4/23

# April 2019

SUN	MON	TUE	WED	THU	FRI	SAT
	1 April Fool's Day	2	3 Don't Go to Work Unless it's Fun Day	4	5	6
7	8	9	10	11 Pie Day	12 Grilled Cheese Sandwich Day	13 Scrabble Day
14 Gardening Day	15	16 Natl Stress Awareness Day, Wear PJ's to Work	17	18	19	20
21 Easter	22 Natl Jelly Bean Day	23 Library Day	24	25 World Penguin Day, dress like a penguin	26 Natl Pretzel Day	27 Babe Ruth Day, wear a baseball cap
28 Superhero Day, wear a superhero shirt	29	30 Hairstyle Day, wear a wacky hairstyle				



### All About Kidz April 2019

www.thekidzclub.com

### **Bicycle Safety**

- A helmet protects your child from serious injury and should always be worn. And remember, always wearing a helmet helps children develop the helmet habit.
- Your child needs to wear a helmet on every bike ride, no matter how short or how close to home. Many injuries happen in driveways, on sidewalks, and on bike paths, not just on streets. Children learn best by observing you. Set the example: Whenever you ride, put on your helmet.
- When purchasing a helmet, look for a label or sticker that says the helmet meets the CPSC safety standard.
- A helmet should be worn so that it is level on the head and covers the forehead, not tipped forward or backwards. The strap should be securely fastened with about 2 fingers able to fit between chin and strap. The helmet should be snug on the head, but not overly tight. Skin should move with the helmet when moved side to side. If needed, the helmet's sizing pads can help improve the fit.
- Do not push your child to ride a 2-wheeled bike without training wheels until he or she is ready. Consider your child's coordination and desire to learn to ride. Stick with coaster (foot) brakes until your child is older and more experienced for hand brakes. Consider a balance bike with no pedals for young children to learn riding skills.
- Your child should ride on the right, facing the same direction as traffic, and should be taught to obey all stop signs and other traffic control devices. Children should never ride at night.

