# **BOWLING GREEN**

## **JUNE 2021**

MON **TUE** THU SUN WED FRI SAT **Scoliosis Awareness Month Dravet Syndrome Awareness Month BEACH WEEK** 10 11 9 12 13 8 CAMPING WEEK **17** National<sub>18</sub> 15 14 16 19 Happ' **National World Sickle Nursing** Nursina Assistant's Cell Bring bathing suits, **Assistants'** Week towels and **Awareness** WATER WEEK water shoes today! Day 17-24 June Day 21 22 23 24 26 27 **Dravet Syndrome Awareness** SUMMER FUN WEEK Dav 30 29 Children's **Arthrogryposis** Multiplex **Birthdays** Congenital **VACATIONS** Awareness Day **Employee of the Month Nicole** Yousef Maddex **Summer Camp Reminders** Dylan Kennedy Summer is all about having fun at Pendino Chiza Michael The Kidz Club so please remember -Briar Elias Send a backpack with a change Karlee 6/2 RN Carter Vevda of clothes everyday; Kynlee 6/2 Lexi Chance

- No open-toe sandals are permitted;
- No outside food or snacks (we need to keep our kids that have food allergies safe);
- · Please mark extra items with your child's name.

Let's all have a great summer!



Jason 6/3

## **Employee Anniversaries**

Sarah 3 years Taylar 2 years



### **Adverse Childhood Experiences (ACEs)**

ACEs are potentially traumatic events that occur in childhood. Some examples include emotional, physical, and sexual abuse, neglect, violence in the home, household substance abuse or mental illness and parental separation or divorce.

- Almost 50% of children nationwide have experienced some form of trauma.
- 60% of children who witness domestic violence are under the age of six.
- 76% of children exposed to five or more significant adverse experiences in the first three years of childhood face a likelihood of having delays in their language, emotional, or brain development.

Some stress is normal, but too much can become toxic. Children growing up with toxic stress may have difficulty forming healthy and stable relationships, and it can also affect brain development. A child who has experienced ACEs is more likely to have learning and behavioral issues. Attention deficits, emotional dysregulation, and oppositional behaviors may have their roots in early abuse or neglect. Things that happen to children during different stages of life will influence their health over the life span.

The presence of caring adults can help shift the narrative in a positive manner. Think of a child's behaviors as a set of clues to help you understand the child better. Adverse experiences are counterbalanced with protective factors. Research of resilience in children is ongoing, but we do know that several factors are positively related to this protection, including cognitive capacity, healthy relationships with parents and caregivers, and supportive environmental systems. Providing safe, secure, and nurturing relationships can help reset the body's stress system. Children learn from every personal encounter, especially primary caregivers. High-quality childcare can help to ensure a strong start for children.

#### References

Adverse Childhood Experiences. (2020, April 30). Retrieved from Centers for Disease Control and Prevention: https://www.cdc.gov/violenceprevention/aces/index.html

Adverse Childhood Experiences and the Lifelong Consequences of Trauma. (2014). Retrieved from American Academy of Pediatrics: https://www.aap.org/en-us/documents/ttb\_aces\_consequences.pdf