

MON

TUE

WED

THU

FRI

SAT

SUN

The Kidz Club

 SPA & RELAXATION WEEK Wear a dress Day	1	2	 World Clubfoot Day World Cider Day	3	 National Donut Day	4	5	6				
 80'S WEEK	7	8	 Donald Duck Movie Day	9	10	 National Corn on the Cob Day	11	12	13			
 NICKELODEON WEEK	14	15	 Creative Art	16	 National Nursing Assistant's Day Vegetables for lunch Day	17	 Father's Day Event 8am-10am	18	 World Sickle Cell Awareness Day	19	 HAPPY FATHER'S DAY!	20
 National Smoothie Day ANIMAL PLANET WEEK	21	22	 Dravet Syndrome Awareness Day Wear Pink Today!	23	24	 Water Day	25	26	27			
 FEAR FACTOR WEEK	28	 Creative Art	29	30	 Employee of the Month					 Children's Birthdays Kayne		

Children's Birthdays

Kayne
Brynley
Larry
Miguel
Issac
Damien
Zane

Employee of the Month
Alethia Placencia
Caregiver

Employee Birthdays

Nallely 6/15
Tobias 6/26
Ashley 6/27

Employee Anniversaries

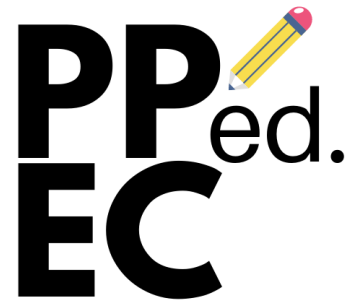
Vanessa 6 years
Lorrie 3 years
Harold 12 years

Summer Camp Reminders

Summer is all about having fun at The Kidz Club so please remember -

- Send a backpack with a change of clothes everyday;
- No open-toe sandals are permitted;
- No outside food or snacks (we need to keep our kids that have food allergies safe);
- Please mark extra items with your child's name.

Let's all have a great summer!



Adverse Childhood Experiences (ACEs)

ACEs are potentially traumatic events that occur in childhood. Some examples include emotional, physical, and sexual abuse, neglect, violence in the home, household substance abuse or mental illness and parental separation or divorce.

- Almost 50% of children nationwide have experienced some form of trauma.
- 60% of children who witness domestic violence are under the age of six.
- 76% of children exposed to five or more significant adverse experiences in the first three years of childhood face a likelihood of having delays in their language, emotional, or brain development.

Some stress is normal, but too much can become toxic. Children growing up with toxic stress may have difficulty forming healthy and stable relationships, and it can also affect brain development. A child who has experienced ACEs is more likely to have learning and behavioral issues. Attention deficits, emotional dysregulation, and oppositional behaviors may have their roots in early abuse or neglect. Things that happen to children during different stages of life will influence their health over the life span.

The presence of caring adults can help shift the narrative in a positive manner. Think of a child's behaviors as a set of clues to help you understand the child better. Adverse experiences are counterbalanced with protective factors. Research of resilience in children is ongoing, but we do know that several factors are positively related to this protection, including cognitive capacity, healthy relationships with parents and caregivers, and supportive environmental systems. Providing safe, secure, and nurturing relationships can help reset the body's stress system. Children learn from every personal encounter, especially primary caregivers. High-quality childcare can help to ensure a strong start for children.

References

- Adverse Childhood Experiences. (2020, April 30). Retrieved from Centers for Disease Control and Prevention: <https://www.cdc.gov/violenceprevention/aces/index.html>
- Adverse Childhood Experiences and the Lifelong Consequences of Trauma. (2014). Retrieved from American Academy of Pediatrics : https://www.aap.org/en-us/documents/ttb_aces_consequences.pdf