



Employee
Anniversaries

Ken F. 6 yrs.
Taylor K. 1 yr.

June
Children's
Birthdays

Chiza
Michael K.
Estelle
Austin
Jakayla

ABOVE AND BEYOND



June 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Stand for Children Day	2 Kidz wear blue	3
4	5	6	7	8	9 Kidz wear red	10
11	12 Magic Day	13 Warren County Public Library	14 Flag Day	15 Career Nurse Assistant Day	16 Kidz wear yellow	17
18 Father's Day	19	20	21 1st day of Summer	22	23 Kidz wear green/Music Therapy with Harris	24
25	26	27	28	29	30 Social Media Day/ Kidz wear black	

The Dangerous Summer Stroller Mistake



Everyone knows leaving children in hot cars is a big no-no, even for a few minutes.

But as temperatures continue to blast us this summer, a common stroller mistake could also be putting babies at risk. Covering a stroller with a blanket to shield your baby from the sun — even if it's with a very thin cloth — can actually have a furnace-like effect, according to Swedish researchers. In fact, doing this can cause the temperature inside a stroller to skyrocket to dangerous levels.

A stroller experiment was performed by Swedish newspaper, *Svenska Dagbladet*, just to see what would happen. Here's what it found:

Without a cover: The temperature inside a stroller left out in the heat was 71.6 degrees Fahrenheit.

With a thin cover: In 30 minutes, the temperature rose to 93.2 degrees Fahrenheit. And after an hour, it was at 98.6 degrees Fahrenheit.

Who would have thought something as innocent as covering your baby's stroller with a blanket on a hot day could be a recipe for disaster? The thing is, young children are especially at risk for overheating and even heatstroke. Signs of heatstroke can include hot, red, dry skin; rapid pulse; restlessness; lethargy; rapid, shallow breathing; vomiting and unconsciousness.

What parents can do to avoid heatstroke in babies:

- Dress your baby in lightweight, loose-fitting clothing.
- Try to keep your baby in the shade when outside — and check to make sure that he/she is staying cool during car rides.
- Give him/her more fluids than usual on hot days.
- If the temperature is especially hot, keep your baby inside if you can.
- If your home is very hot and you don't have air conditioning, seek comfort at a public library, the mall, or a community shelter provided especially for relief from the heat.