



### Employee Birthdays

Christina F. 6/5  
 Craig S. 6/12  
 Joe C. 6/17  
 Loren 6/18  
 Allen 6/28

### Employee Anniversaries

Ken F. 6 yrs.  
 Kirby B. 5 yrs.  
 Dariane 2 yrs.

### June Children's Birthdays

Hayden  
 Abigail  
 Myraya  
 Sydney  
 Juan  
 Robert  
 Braylen  
 Raiden  
 Claire

### ABOVE AND BEYOND



## June 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 Plant a seed
4	5	6 Drive In Movie Day - Racing to Read	7 Mr. Cowpie is coming to visit	8	9 Library Bus - Banana Split Day	10
11	12 Superman Day	13 Racing to Read	14 Music Therapy - Make a Flag	15	16 Donuts with Dad	17 Make a Flag
18 Father's Day	19 Garfield Day	20 Racing to Read	21 1st day of Summer	22	23 Library Bus Picnic Lunch	24 Picnic for Lunch
25	26 Canoe Races	27 Wear Sunglasses - Racing to Read	28 Music Therapy	29 Magic Show - Handshake Day	30	

# The Dangerous Summer Stroller Mistake



Everyone knows leaving children in hot cars is a big no-no, even for a few minutes.

But as temperatures continue to blast us this summer, a common stroller mistake could also be putting babies at risk. Covering a stroller with a blanket to shield your baby from the sun — even if it's with a very thin cloth — can actually have a furnace-like effect, according to Swedish researchers. In fact, doing this can cause the temperature inside a stroller to skyrocket to dangerous levels.

A stroller experiment was performed by Swedish newspaper, *Svenska Dagbladet*, just to see what would happen. Here's what it found:

**Without a cover:** The temperature inside a stroller left out in the heat was 71.6 degrees Fahrenheit.

**With a thin cover:** In 30 minutes, the temperature rose to 93.2 degrees Fahrenheit. And after an hour, it was at 98.6 degrees Fahrenheit.

Who would have thought something as innocent as covering your baby's stroller with a blanket on a hot day could be a recipe for disaster? The thing is, young children are especially at risk for overheating and even heatstroke. Signs of heatstroke can include hot, red, dry skin; rapid pulse; restlessness; lethargy; rapid, shallow breathing; vomiting and unconsciousness.

## What parents can do to avoid heatstroke in babies:

- Dress your baby in lightweight, loose-fitting clothing.
- Try to keep your baby in the shade when outside — and check to make sure that he/she is staying cool during car rides.
- Give him/her more fluids than usual on hot days.
- If the temperature is especially hot, keep your baby inside if you can.
- If your home is very hot and you don't have air conditioning, seek comfort at a public library, the mall, or a community shelter provided especially for relief from the heat.