

National Cerebral Palsy Awareness Month

Cerebral palsy (CP) is a term for a group of conditions that affect communication between the brain and muscles. It is caused by abnormal brain development or damage to the developing brain.

- Affects 1 in 323 children in the United States
- Is the most common physical disability in children
- More common in boys
- Effects range from mild to severe

Scan code for more information



Reminders

The Kidz Club is open during Spring Break!

We look forward to our school-age Kidz attending Spring Break with us for our scheduled programming activities!

If your child will not be attending please alert your center leadership team.

Are you signed up for **PROCARE ENGAGEMENT** yet?

Sign up to receive:

- Updates
- Reminders
- Calendar Events

Read Across America Day

Tips for Reading March 2nd

- Be consistent, make reading part of every day
- Take your time and do not make reading seem like a chore
- Get creative by using different voices and incorporating songs
- Engage with children and involve them in reading the story
- Choose books that relate to everyday experiences



Marcin, A. (2020, October 14). Reading to Children: Why It's So Important and How to Start. Retrieved from Healthline: <https://www.healthline.com/health/childrens-health/reading-to-children>

Therapy Spotlight

Research has shown **crawling** as an infant, is important to help develop visual skills needed for reading later in life!



Read Across America Day

March 2nd

"The more that you read, the more things you will know. The more that you learn, the more places you'll go." - Dr. Seuss



Benefits of Reading to Children

- Gives you bonding time with your child
- Improves listening skills
- Supports cognitive and language development
- Reading books to kids helps expand their vocabulary
- Helps to develop longer attention span
- Reading sparks creativity
- Provides a chance to talk about real-world situations
- Supports social and emotional development
- All ages benefit from reading, even babies

Tips for Reading

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Reading Resources

Need information and resources on how kids learn to read, why they struggle and how you can help?



Check to see if your area has the book gifting program imagination library.



Little Free Libraries are a great way to read and share books. Map of Little Free Libraries.



For more reading resources

Visit your local Library!

PPed.
EC

<https://eclci.usd.org/events/read-across-america-pajama-day>

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